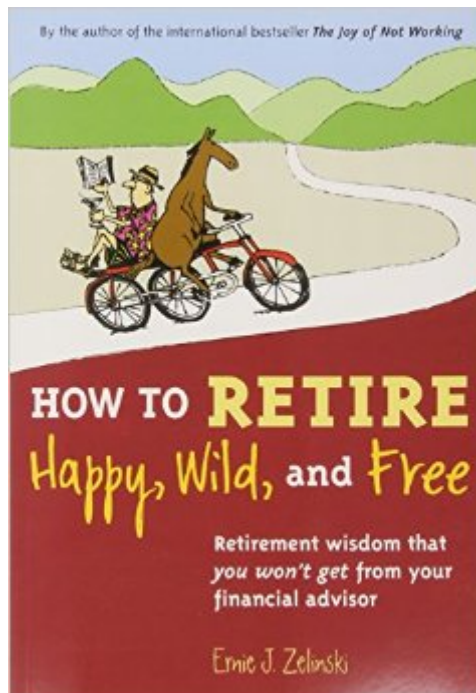


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# How To Retire Happy, Wild, And Free: Retirement Wisdom That You Won't Get From Your Financial Advisor



## Synopsis

How to Retire Happy, Wild, and Free offers inspirational advice on how to enjoy life to its fullest. The key to achieving an active and satisfying retirement involves a great deal more than having adequate financial resources; it also encompasses all other aspects of life -- interesting leisure activities, creative pursuits, physical well-being, mental well-being, and solid social support. World-class author and innovator Ernie J. Zelinski guides you to: Gain courage to take early retirement; in fact, the earlier the better. Put money in proper perspective so that you don't need a million dollars to retire. Generate purpose in your retirement life with meaningful creative pursuits. Follow your dreams instead of someone else's. Take charge of your mental, physical, and spiritual health. Better envision your retirement goals -- including where you want to live. Above all, make your retirement years the best time of your life. What sets this retirement book apart from all the others is its holistic approach to the fears, hopes, and dreams that people have about retirement. This international bestseller (over 110,000 copies sold in its first edition) goes way beyond the numbers that is often the main focus of retirement planning in most retirement books. There are many ingredients of a happy retirement and several retirement planning tools that help retirees plan for their retirement in new and more meaningful ways. One of the most powerful tools is The Get-a-Life Tree that you won't find in any other retirement books. In short, the retirement wisdom in this book will prove to be much more important than how much money you have saved. How to Retire Happy Wild, and Free helps readers create an active, satisfying, and happy retirement in a way such that they don't need a million dollars to retire.

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## Customer Reviews

Who Wouldn't Want To Be Coached By A Guy Named Ernie Zelinski? That's the title of an article I wrote about Zelinski's other books. I love Zelinski. This time his book, *How to Retire Happy, Wild and Free* is about living, although it's disguised as a book on retirement. It is his best. I recommend the book for anyone under 27 years old because they are young enough to embrace the ideals of this book and shift their lives accordingly. They can choose to live the life their heart calls them too instead of the life the MBA drives them, too. After 27 years of age people get buried in delusions about the supposed necessities of life. I also recommend the book for people over 50. These people are now wise enough to know better and can embrace the attitudes of Zelinski's retirement long before they stop working for money. His definition of retirement is all about following your heart and is not based much on working for a living or not. Retirement is a state of mind, and you can apply many of the ideas in the book today to make your life happy, wild, and free. Zelinski is inspiring. Zelinski knows we are all creative; I agree. I am constantly urging my patients to have some creative pursuit in their lives. Here is what he says from the book: Once you retire, you too can reclaim your creative spirit and find an artistic pursuit that will ignite your inner fire. Your artistic pursuit -- whether it's painting pictures, writing poetry, or making pottery -- will rekindle a part of you that has been suppressed for years by the structure of a job and the routine of daily life. Not only can it make you feel more alive, an artistic pursuit can constitute the primary reason for your being.

This book is quite different than the author's other one that I like so much, *"The Joy of Not Working."* The format is quite different. In my opinion, the organizational structure is not as good. But in the end, there is a wealth of good, solid, useful, insightful information contained inside, and that would be the point of reading it in the first place. In short, *"Happy, Wild and Free"* is another winner by Zelinski for retiree readers, and it can serve as a great "only" retirement book for those who are looking for that. I can't imagine anyone feeling they don't get their money's worth from reading the book. Just a read of the preface may be worth the price of admission. Here we find a good overview of the subject of retirement, with some first-class comments to boot: "Retirement is the perfect time to become the person you would like to be and do the things you have always wanted to do." "Retirement can be both exciting and demanding, bringing new challenges, new experiences, and new uncertainties." "...retirement is the last opportunity for individuals to reinvent themselves, let go of the past, and find peace and happiness within." "Despite the bad press that retirement sometimes gets, there has never been a better time to be retired in Western nations." And the one I like the best: "The most fortunate of retirees are those who through good planning, experimentation, and

risk-taking succeed in making retirement the best time of their lives."I just don't think the elements of this retirement insight and advice gets any better any place else. I truly believe that Zelinski is the reigning guru on retirement, and I have since I first found and read, "The Art of Retirement." If Zelinski didn't exist, I think we would have to have invent him.

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